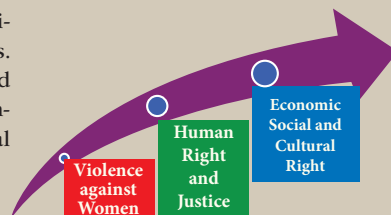


# WOREC

## UNDERSTANDING WOREC

Women’s Rehabilitation Center (WOREC) is a national non-governmental organization working for women’s rights and social justice for more than two decades. Since her establishment in 1991, various campaigns have been organized and conducted to address the issues of women's rights. WOREC’s campaigns encompass issues on Violence against Women (VAW), Economic, Social and Cultural Rights (ESCR) and Human Rights and Justice.



WOREC has been working in partnership with community based organizations (CBOs), local governmental organizations, and non-governmental organizations (NGOs), forming national and international networks, alliances and generating dialogue on the topics of socio-economic, political, cultural, and human rights. WOREC supports right-based approach for formulating and reformulating national policies for the protection and promotion of human rights and social justice.

### Working districts of WOREC

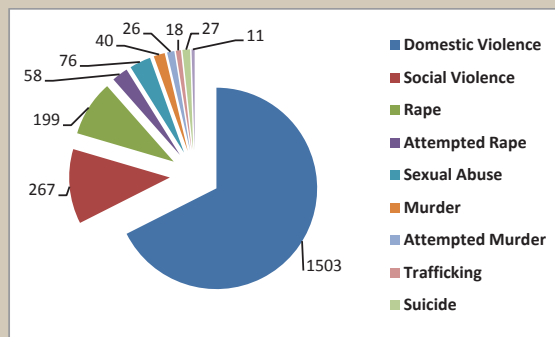
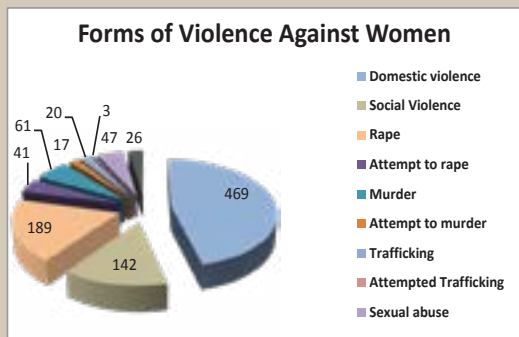
Currently WOREC is working in 12 districts—Morang, Sunsari, Jhapa, Udayapur, Siraha, Dhanusha, Rupandehi, Salyan, Dang, Kailali, Kathmandu and Lalitpur. However, through case documentation, different campaigns and programs, WOREC has reached people in all 75 districts.



### D) Violence against Women campaign

WOREC has been continuously organizing and conducting campaigns from community to national level with the goal to generate zero tolerance against violence against women and girls with the belief that women rights is ensured only if social, political, women’s health and wellbeing and economic transformation occurs in society and the country at large. VAW comprises of rights, social justice, capacity building programs and creating income generating opportunities through trainings and anti-dowry campaigns.

### Case of VAW Documented by WOREC in 2013 & 2014



### A) WOMEN HUMAN RIGHTS CAMPAIGN

#### a) Women Human Rights campaign

There are women human rights defenders in 75 districts. At present, WOREC works in coordination with these women human rights defenders. There are more than 3500 women human rights defenders who are a part of national alliance.

They help to document cases of violence against women from all over Nepal.

## B) WOMEN EMPOWERMENT AND CAPACITY BUILDING PROGRAM

Women empowerment program focuses on the capacity building of various groups and networks. Women's groups are also formed so that women can come upfront collectively and raise their voice against VAW. There are many women groups formed at both ward-level and VDC-level through the facilitation of WOREC in 2013. At ward-level, number of groups formed are 1043 with 18603 members. Similarly, there are 86 VDC women community organizations formed with a total of 1574 members, and these groups are actively organizing programs to support the campaigns of WOREC. A total of 20150 girls and women were directly involved in the activities in 2013.

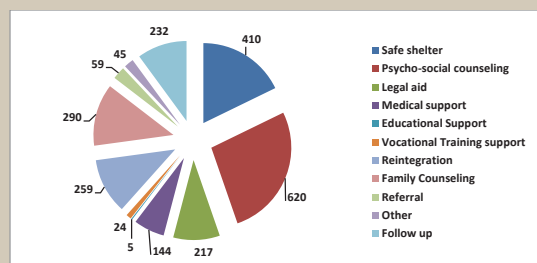
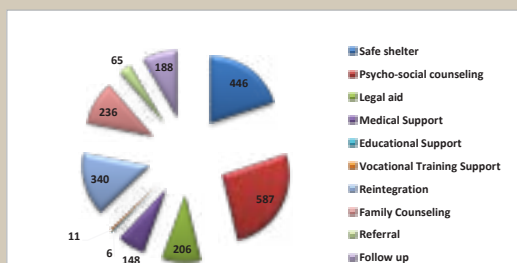
WOREC has training centers in Dang, Udayapur and Morang districts. Similarly WOREC, in collaboration with other civil society organizations, has also been organizing and conducting capacity building and skill development training at DDC and VDC level on a regular basis for the empowerment of women.

## C) COUNSELING CENTER AND SAFE SHELTER HOMES

WOREC has been providing counseling service and support to the survivors through counseling centers and safe houses. There are currently safe shelter homes run by WOREC in Kathmandu, Kailali, Dang, Udayapur, Morang, Butwal and Dhanusha. Likewise, WOREC has been running 25 counseling centers in its different working districts.

WOREC established a drop-in center "Chhahari", a women's health counseling center, in Kathmandu since March 6, 2004, to curtail the problems of internally trafficked women, female migrant workers and women working at cabin and dance restaurants. With this support, a NGO called Women Forum for Women in Nepal (WOFOWON) was registered in 2007. Till date, around 500 women working in entertainment sector are associated with WOFOWON. Currently, WOFOWON works as an independent organization and remains an active partner of WOREC.

### TOTAL NO. OF SERVICES PROVIDED IN 2013 & 2014



### MAJOR ACTIVITIES ACCOMPLISHED UNDER VAW CAMPAIGN IN 2013 AND 2014

S. No	Activities	2013		2014	
		No. of activities	Total beneficiaries	No. of activities	Total beneficiaries
1	Orientations to various groups and community	356	8805	223	3574
2	Capacity building trainings to various groups	22	571	18	349
3	Consultation workshops	72	2758	63	3276
4	Coordination and collaboration meetings with district/ national level stakeholders/ partners	87	2364	48	629
5	Tribunal and public hearing			7	281

## II) ESCR CAMPAIGN

Economic, social and cultural rights campaign aims to ensure economic and social rights of people at grassroot level conducting orientations, trainings, IEC materials and lobby and advocacy. The campaign mainly emphasizes on: (i) Right to food (ii) Right to health and (iii) Right to work.

### A) RIGHT TO HEALTH

Women's health encompasses more than pregnancy and reproductive illness. To ensure women's good health, gender equality in respect to their social, educational, cultural and economic status, lack of control over resources and sexuality are the major dimensions that needs to be addressed. Based on this understanding, WOREC has been organizing health camps and counseling services regularly. WOREC also helps to facilitate in empowering and educating women to understand women's right to health from feminist perspective and right-based approach. WOREC has also been running community health clinics in Udayapur and Dang districts.

### MAJOR ACTIVITIES CARRIED OUT UNDER WOMEN HEALTH AND COMMUNITY HEALTH PROGRAMS IN 2013 ARE

S . No	Strategies used	2013		2014	
		No. of activities	No. of participants	No. of activities	No. of participants
1	Orientations to community	163	4767	16	1704
2	Trainings to members of CBO and networks, women's groups, adolescents	3	197	5	130
3	Interaction and discussions with stakeholders	4	473	136	3372
4	Health camps	11	1700	21	4536
5	Community health clinic		4922		5541

### B) RIGHT TO FOOD AND SUSTAINABLE LIVELIHOOD

Right to food and Sustainable Livelihood program is carried out using a sustainable framework to understand the complexities and principles of poverty. The framework provides a guiding action to address and overcome poverty to become self-reliant, placing the rural poor at the center of inter-related influences that increase their creativity of livelihood for themselves and their households, by identifying constraints and opportunities. Sustainable livelihood program mostly focuses on bio-intensive farming, formation of eco-village and development of micro-enterprises.

#### BIO-INTENSIVE FARMING

The concept of bio-intensive farming system is based on the agro-ecological principles of sustainable organic agriculture system and participatory rural development. There are various orientations, trainings and workshops organized to make the local farmers aware about bio-intensive farming system. A total of 6855 and 3688 beneficiaries have been reached in the year 2013 and 2014 respectively.

#### ECO VILLAGE

To transform traditional village into an eco-village and to promote livelihood of farmers through the promotion of bio-intensive farming system have been the main priorities of WOREC. Currently, WOREC has been working to transform 16 villages into eco-village out of which, Baireni in Udayapur has already been declared an eco-village.



**SOME OF THE MAJOR ACTIVITIES ORGANIZED IN YEAR 2013 AND 2014 ARE LISTED BELOW**

Activities	2013		2014	
	No. of activities	Total Beneficiaries	No. of activities	Total Beneficiaries
Orientations	322	8567	5	3611
Capacity building trainings	59	1188	5	1956
Meeting and workshops	15	366	1	208
Agricultural fair	5	943	5	402

Apart from these activities, people were provided with different support in both 2013 and 2014. In 2013, 3633 households were provided with agricultural support. 16 households were provided with motor for irrigation and drinking/irrigation water support. Similarly, there were 12491 saplings provided for fruit crop cultivation. Knapsack sprayer and pheromone trap were provided to 128 groups. 46 households were supported to build an improved shed. Two households have been supported with biogas. 13 students have been supported for JTA and CLA course. Similarly, there were 7571 animals treated in a veterinary camp organized by WOREC and 504 livestock were given vaccination.

In 2014, WOREC supported two schools with desk and bench and by building a wall. Likewise, there was small irrigation system and potable water set up in 2.79 hectors of land and 273 households. There were 15 vocational trainings and educational events organized. Similarly, there were 8226 animals treated in veterinary camps organized by WOREC. Seeds and organic based commercial vegetable production was supported to 1368 households. Eight multipurpose nurseries were promoted by WOREC. Similarly, Sharda Resource and Kupindedaha Lake Conservation Initiative taken up by WOREC is ongoing.

**MICRO ENTERPRISE**

The lack of income-earning opportunities in rural areas is a central cause of the widespread poverty and worsening food security in the country. It forces both internal and external migration in search of food security and sustainable livelihoods. Thus, to overcome these problems of poor farmers, WOREC has considered the development of micro enterprise as a key factor that needs immediate attention for community development through optimum utilization of the existing local natural resources, human resources and eco-friendly traditional technology and experience. This basically helps in skill development for income generation. In the year 2013, 6 individuals were supported with animals, 2 with poultry farming, 19 with improved swine shed, 5 with mushroom spawn, 10 with nursery and 1 with vegetable shop. There were 2 fair trades organized to promote micro enterprises. Similarly, 362 pieces of sweater were produced through sweater knitting, which was donated to children in need. In 2014, 430 pieces of sweaters were donated.

**C) RIGHT TO MOBILITY**

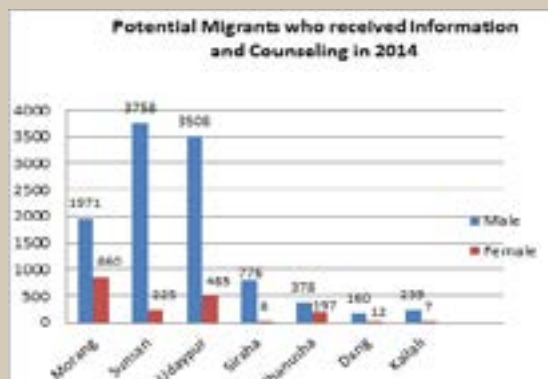
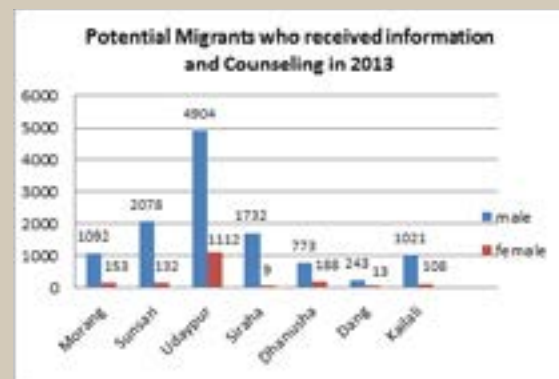
The human rights situation of majority of migrant workers especially woman remains dismal. They are compelled to pay high recruitment fees and face severe economic and physical exploitation at destination countries. Against this backdrop, WOREC has been relentlessly working for the protection and promotion of the rights of migrant workers. Information regarding safe migration is disseminated through safe migration information booth and corners, community orientation, street drama, and IEC, among others.



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**Fax : 977- 1-5006271**  
**E-mail : ics@worecnepal.org, Web : www.worecnepal.org**



NUMBER OF PEOPLE WHO RECEIVED INFORMATION FROM SAFE MIGRATION INFORMATION BOOTH IN 2013 & 2014



EXECUTIVE MEMBER OF WOREC (2013)

Name	Designation
Saraj Gurung	Chairperson
Ms. Bindu Pokharel Gautam	Vice-Chairperson
Ms. Bina Pokharel	Secretary
Ms. Shova Yadav	Treasurer
Ms. Bindra Maharjan	Member
Dr. Shiva Maya Tumbahamfe	Member
Ms. Ansuyia Sah	Member
Ms. Jyotsna Maskey	Member
Ms. Mandira Danuwar	Member

EXECUTIVE MEMBER OF WOREC (2014-2016)

Name	Designation
Dr. Renu Rajbhandari	Chairperson
Ms. Bindu Pokharel Gautam	Vice-Chairperson
Ms. Bindra Maharjan	Secretary
Ms. Jaya Luitel	Treasurer
Dr. Poonam Rishal	Member
Ms. Anita Shrestha	Member
Ms. Sunita Danuwar	Member
Ms. Rita Kumari Mahato	Member
Ms. Maiya Magar	Member

PARTNER ORGANIZATION OF WOREC 2013-2014

- MISEREOR, KZE
- AEI Luxembourg
- Foundation for a Just Society (FJS)
- Australian Aid
- Dan Church Aid (DCA)
- Open Society Foundation (OSI)
- Swiss Embassy
- United Nations Population Fund (UNFPA)
- KIOS, The Finnish NGO Foundation for Human Rights
- Global Fund For Women (GFW)
- International Labor Organization (ILO)
- South Asia Women Fund (SAWF)
- Asian-Pacific Resource and Research Centre for Women (ARROW)
- Urgent Action Fund (UAF)
- Hanneke Pelinck (Personal Contribution)
- Ali Al-Nasani (Personal Contribution)

CASE STUDIES

OPERATION OF PROLAPSED UTERUS

48-year-old Sita Chaudhary (name changed) from Tarigaun VDC belonged to an economically sound family. Her mother died when she was young, and her father brought stepmother in no time. She was deprived of basic needs such as education and her childhood was confined to domestic work only. She was married at young age of 15. Her husband was financially poor. She gave birth to her first child at the age of 17. She gave birth to 5 more children with interval of a year and all the delivery was done at home. The poor women's uterus prolapsed after 3 years of the last delivery. She did not seek any medical advice for 14 years. She finally visited women's health camp organized by WOREC in 2068. Counselor advised her to seek treatment for prolapsed uterus and helped her to get letter from Tarigaun VDC for free treatment. Finally, she had her operation in sub-regional hospital of Gorahi in 2069. Now, she is in good health and is living happily with her family.

DRINKING WATER FACILITY HAS MADE LIFE EASIER

In Sitara VDC, people were facing major water problem. Since the source of water was 15 hundred meters far from the village, it was making daily life of people, especially women, more difficult. Therefore, three taps have been made in the area with the support and facilitation of WOREC and SHARADA and in the active participation of local people. The community people are benefited with clean drinking water without having to waste their time and energy. Fifteen households of Eco Village and people from Khorbare have benefited with this. The women are now investing their time in income generation activities rather than going to fetch water travelling long distance.

Documentation

Various reports, books, documents, photos and documentaries are managed and recorded through documentation in WOREC. Information is provided on a regular basis to the students come from both national and international educational institutions. List of documents recorded by WOREC in 2013 and 2014 is given below

S. No	List of documents in 2013 and 2014	Quantity
1	Law	722
2	Health	1686
3	Human rights	1400
4	Foreign employment	370
5	Violence against women and human trafficking	1566
6	Child rights	599
7	Agriculture	317
8	Yearly report	818
9	Politics, peace and conflict	520
10	Others	1601

MAJOR ACTIVITIES CARRIED OUT UNDER PEACE CECAMPAIG IN 2013 AND 2014 ARE GIVEN BELOW

S. No	Strategies used	2013		2014	
		No. of activities	Total beneficiaries	No. of activities	Total Beneficiaries
1	Orientations and community education	156	5684	410	1883
2	Interaction, discussions and consultation with community and stakeholders at both grass root and national level, meeting	30	945	606	16236
3	Training	5	147	25	501
4	Workshops	45	2225	25	1730

In addition to this, in 2014, there were door to door visit programs conducted to disseminate information on safe migration, where 2511 households were visited. Similarly, there were 33 coordination meetings with 250 participants organized in different occasions. 5 returnee migrant workers (RMW) group were formed in Udayapur and Sunsari districts. There was awareness programs created through media mobilization. 60 episodes (40 Maithili and 20 Nepali) of radio program related to safe migration were broadcasted in Sapta Koshi FM and Radio Udayapur. There were 23 street dramas organized, where 4500 people participated. There was one documentary show on foreign labor migration and trafficking where 140 people participated. Similarly, there were hoarding boards placed and wall painting done in 3 different places. There were press releases, position paper and attention paper issued three times. In total, there were 5000 copies of IEC materials distributed in 2014.

D) ECDC AND CHILD RIGHTS PROGRAM

Through Early Childcare Development Center (ECDC), WOREC works to increase women's participation in social and economic sector through their empowerment and increased income. The affordable and reliable child care enables parents to work, and stimulates children to be school-ready at the age of 5. WOREC in partnership with AEI, Luxembourg and the local women's groups and VDCs supported ECDC since 1998. The project phased out in 2013, however, many of these ECDC centers are self-sustaining.

MAJOR ACTIVITIES CARRIED OUT UNDER RIGHT TO MOBILITY IN 2013 AND 2014 ARE GIVEN BELOW

S. No	Activities	2013		2014	
		No. of activities	No. of participants	No. of Activities	No. of participants
1	Orientation and discussion on mobility rights	427	13713	407	11365
2	Capacity building trainings	5	113	8	210
3	Interaction and Advocacy Workshop related to migrants' issues	140	5203	20	966
4	Support (Families of migrants, returnee and aspirant migrants)	18	59	6	218

PUBLICATION

LIST OF PUBLICATIONS IN THE YEAR 2013

RESEARCH

- Baseline survey of socio-economic and food security in Salyan district
- Major insects pests of cucurbits and their management practices under bio-intensive farming system in Udayapur district
- Impact of eco-village approach on socio-economic, ecological changes of targeted communities in Udayapur district
- Effect of bio-intensive vegetable growing on nutritional status of women and children as well as on soil fertility in Dang district

REPORT

- Anbeshi
- Annual report
- Naya Anawaran: Balatkaar Pidit Ko Aawaj
- Integrated Women Empowerment and Women Health Program at Dang District
- Aaprawasan: Samajik Ra Arthik Awastha (Ek Bisleshan)--Unpublished
- Bokshi Ko Arop Ma Mahila Mathi Garine Aparadh Eabem Manab Adhikar Hananko Isthiti: Ek Bisleshan

MANUALS

- Transformation of traditional village into eco-village
- Surakshit Sthanagaman Ra Manab Adhikar Bisayak Talim Nirdesika

NEWSLETTER

- Sayapatri, a quarterly magazine on women's health
- Advocacy Update, a quarterly magazine on advocacy against VAW and ESCR
- Pairabi, a quarterly magazine

POSTER

- National Campaign against Rape
- Gharelu Kamdar Sambandhi ILO Mahasandhi--189 Kina ?

BROCHURES

- An initiative to campaign for sustainable peace and development
- Brochure on national campaign against rape
- Digo Shanti Ra Bikash Ko Lagi Sahaj Abhiyan
- Mahila Ko Surakshit Isthaganaman

Adhikar Ka Lagi Sanjal

- Mahila Hinsra Prati Sunya Jawafdehitta Birudha Eikyabadyeta Ka Lagi Appeal
- Mahila Hinsra Birudha Ko Abhiyan Ko Lagi Hardik Appeal
- Surakshit Baideshik Rojgari Ka Lagi Dhyan Dinu Parne Kura Haru (Revised)

FLYERS/ FACT SHEET

- Facts on Violence Against Women (VAW)
- WOREC calendar
- Sticker on National Campaign against Rape
- Flyer on National Campaign against Rape

E) EMPOWERMENT OF MARGINALIZED COMMUNITY

WOREC has been actively working with the marginalized communities in Siraha and Udayapur districts from right-based approach so that they can raise voice and advocate for their rights, and can get food security and sustainable livelihood. The organization aims to transform the existing discriminatory socio-cultural practices, patriarchal norms and values into an equitable society, where people can live in a socially and an economically sound society, live their lives with dignity with basic human rights guaranteed by the government.

ACTIVITIES CARRIED OUT IN SIRAHA AND UDAYAPUR IN 2013

S. No	Activities carried out	Outputs			
		No. of Activities	Participants		
			F	M	Total
1	Discussion, meeting, orientation and mobilization	911	8987	4358	13345
2	Training to youth, networks and district line agencies	2	31	31	62
3	Interaction and advocacy	66	1284	1398	2682
4	Support	6			
5	Classes to marginalized people and potential migrant workers	5	37	82	119
	Total	990	10339	5869	16208

III) PEACE CAMPAIGN

As Nepal is passing through a transitional phase with weakened situation of human rights and rule of law in the country, WOREC Nepal is initiating peace initiative to promote and strengthen sustainable peace in the society. The campaign aims to enhance the capacity of community to take leadership for promoting culture of peace and human rights. End of impunity and inclusive constitution is taken as major strategic issue of the campaign.

MAJOR ACTIVITIES CARRIED OUT UNDER PEACE CECAMPAIG IN 2013 AND 2014 ARE GIVEN BELOW

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BOOKMARKS

- WOREC bookmark
- Recognition Protection Security for Women Human Rights Defenders
- Let's Unite for Our Dignity, Respect and Build Solidarity against VAW

LIST OF PUBLICATIONS IN THE YEAR 2014

REPORT

- Annual report
- Anbeshi
- A Joint Submission to the united nation committee on Economic, Social and cultural rights in Nepal

CALENDAR

- WOREC calendar

BROCHURE

- Where are Nepali Women in MDG (CSW)
- Eco-village

MANUAL

- DOVA
- Eco-village

BOOK

- Byabsayik Bakharapalan, bangurpalan ra kukhurapalan: Sanchipta jankari
- Sthaniya jadibuti haru ra tinko upayog Leaflet
- Yaun hinsra tatha mahila mathi hune hinsra birudha ko abhiyan
- Anti-rape campaign

NEWSLETTER

- Pairabi
- Sayapatri

POSTER AND STICKERS

- Anti-dowry campaign
- Mero atmanirvarta nai mero hinsra birudha bolne adhar
- Eco-village
- FLYER

- Nepal: Socio-Economic Rights Are Essential For Ensuring All Rights (ESCR)